

Phase 1: Orientation - Red

During the two-week orientation period, you should be adjusting to living at Visitation House. You will be helped at every step as you learn the rules, adjust to the new faces here, and start making new friends with other residents. You will not see your family or friends until you completed the orientation.

Goals:

1. Learn the rules and policies of Visitation House.
2. Identify one problem area in your life and a plan to make it better.

Expectations:

1. No incoming or outgoing phone calls (exception for legal and food stamps with staff permission).
2. No leaving campus unless accompanied by staff.
3. No mail during this time (this includes email).
4. No computer (exceptions only for legal or food stamps with staff permission).

Appointments:

1. Necessary appointments will be allowed, you must be given an appointment slip by a staff member and that slip must be signed showing attendance.

Requirements to Move to Phase 2 – Yellow

1. Complete autobiography journal assignment.
2. Create collage – where you see your life 1 year from now.
3. Memorize and recite to staff/volunteer Matthew 19:26
4. Memorize and recite to staff/volunteer Luke 6:31

Phase 2 - Yellow

During Phase 2, you are expected to know and follow the rules of Visitation House. In phase 2, a resident is beginning to take initiative in every area. You should be working on your issues and beginning to trust and openly discuss your needs. Phase 2 is a time to develop coping skills as you learn to work to overcome past hurts, disappointments and memories.

At this phase you must be increasingly more responsible and trustworthy. You should be reliable in the house.

Goals:

1. Learn respect, honesty and communication.
2. Begin spending quiet time with the Lord.
3. Learn to deal with emotional and spiritual issues.
4. Learn to confront peers properly.
5. Learn what to do when confronted by others.
6. Maintain trustworthiness and display leadership qualities.
7. Obtain employment.
8. Help staff as requested (example: answering phones as requested).
9. Write a personal testimony of what God has done in your life.

Privileges:

1. 4 outgoing phone calls per week – 15 minutes to parents, family, female friend, or father of baby.
2. Mail – may receive mail from family and approved list of friends. All mail is subject to inspection and approval by staff.
3. Necessary appointments will be allowed, you must be given an appointment slip by staff member or volunteer. The slip must be signed showing attendance and returned to staff.
4. Must have approval from Director to use computers.
5. May have cell phone when leaving property only. No cell phone usage in house during this phase.
6. Must have approval from Director to leave property and must be within curfew times.

Requirements to move to Phase 3 - Green:

1. Research someone that inspires you and write a paper explaining why this person inspires you, what they do, and how this person impacts your life. Use public library for research.
2. Demonstration in front of group (residents, staff, volunteers, & board). 5-10 minute demonstration/speech on topic you decide and approved with Director.
3. Must have employment.
4. Memorize and recite to staff/volunteer Philippians 4:13
5. Memorize and recite to staff/volunteer Colossians 3:13.

Phase 3 - Green

Transition phase is when residents have become mature leaders, taking responsibility and being trustworthy. The primary focus is to obtain permanent housing and/or family reunification, while continuing to follow the rules of the program.

Goals:

1. Build outside support system.
2. Obtain housing.

Privileges:

1. Unlimited number of phone calls per week – 15 minutes. Incoming calls allowed.
2. Mail unmonitored.
3. Access to computer within time frames permitted.
4. May sign-in/out as permitted by curfew for outings.
5. May petition for a weekend pass.